

NEWS

CARERS

Updates from Rhondda Cynon Taf
Carers Support Project



Carers Week 2024



Carers Week 2024

Carers Week is BACK!

Monday 10th June

Our '5k to coach' event. Enjoy a stroll around the park and find the clues to win at Pontypridd Park between 11:00 – 13:00. Prizes are there to be won!

Tuesday 11th June

Carers Week Special

Carers Connections at Cynon Linc, Aberdare and Carers Cwtch at the Carers Support Project Hub, Pontypridd.

Wednesday 12th June

We will be holding our information day at the Carers Support Project Hub in Pontypridd. Full information below.

Thursday 13th June

The Carers Support Project will be joined by other organisations at Ystrad Sport Centre to provide information, advice and assistance.

Friday 14th June

Thank You! Come alone to the YMa, Pontypridd for a catch up and bingo between 10:00 – 13:30.

YACs (Young Carers 18-25) Events below.



RHONDDA CYNON TAF

OUR CALENDAR OF SUPPORT

When can I book these events?

You can book onto **Carers Week Events** between **10:00-16:00 on Monday 04/06/2024**.

All events are Carer only.

How can I book?

You can contact the Carers Team on **01443 281463** or email CarersSupportProject@rctcbc.gov.uk

Where do the events take place?

All of the events take place at the Carers Support Project Hub, 11-12 Gelliwastad Road, Pontypridd

Event / Activity / Workshop

YAC Events

We have dedicated events for young carers ages between 18-25.

Monday 10th June

Our 18-25 event will be held in the evening between 16:00 – 19:00. This dedicated YACs event provides our young carers with Pottery making and lots of fun.

Saturday 15th June

Our 18-25 event will be held in the afternoon between 13:00-16:00 at Hawthorn Leisure Centre will be filled with lots of activities and fun times.

Wednesday 12th June

Information Day

10:00 – 11:00 Identifying Carers

11:00 – 12:00 Supporting Carers

12:30 - 1:30 Carers Financial Support

13:30 - 14:30 Carers Legal Advice

Carers Week Specials

Carers Connections will be held on 11th June between 10:30 – 12:00 (noon) at Cynon Linc, Seymour St, Aberdare CF44 7BD.

Carers Cwtch will be held on Tuesday 11th June between 6.30pm – 8.30pm.

Regular Event Dates

Chatterbox – 4th June, 2nd July, 6th August at 10am – 11:30am

Carers Connections - 9th July, 13th August at 10am – 11:30am

Carers Cwtch - 9th July, 13th August at 6.30pm – 8.00pm